

Make two copies of the pattern.  
First cut a linen heart, seam allowance of 2 cm (the backing).  
Cut the heart lengthwise in the middle and sew together again (seam allowance of 0.7 cm).  
Leave a small part open in the middle of the seam to turn the inside out later on.  
Cut to pieces the second copy and join these pieces, seam allowance of 0.7 cm, in this way:  
1 + 6 = Linen  
2 + 5 = Chequered fabric  
3 + 4 = Rose fabric  
Quilt on a thin fabric and embroider seams for example.  
Now cut the heart accurately using the pattern plus seam allowance.  
Sew top and backing together, turn inside out and add some padding material.  
Close the open part and decorate the heart as you like with sateen binding.

Good luck sewing Yours STOF - Team!

Design and completion: Annegret Wichitill

May 2007



